

MEETING:	Health and Wellbeing Board
DATE:	Thursday 6 October 2022
TIME:	2.00 pm
VENUE:	Council Chamber, Barnsley Town Hall

MINUTES

Present

Councillor Trevor Cave, Cabinet Spokesperson - Childrens Services
Councillor Caroline Makinson, Cabinet Spokesperson - Public Health and Communities
Councillor Jenny Platts, Cabinet Spokesperson - Place Health and Adult Social Care
Wendy Lowder, Executive Director Place Health and Adult Social Care for Barnsley
Julia Burrows, Executive Director Public Health
Jeremy Budd, Director of Commissioning and Partnerships, NHS South Yorkshire Integrated Care Board (joined virtually)
Emma Wheatcroft, Superintendent, South Yorkshire Police, deputising for Chief Superintendent Simon Wanless (joined virtually)
Adrian England, Health Watch Barnsley
Jo Bearden, Barnsley Hospital NHS Foundation Trust, deputising for Dr Richard Jenkins, Chief Executive, Barnsley Hospital NHS Foundation Trust
Sarah Bedford, NHS Barnsley (joined virtually)
Salma Yasmeen, SWYPFT (joined virtually)

In attendance

Kathy McArdle, Service Director, Place (attending after 3pm)
Jon Finch, Head of Culture and Visitor Economy
Jayne Hellowell, Head of Commissioning & Healthier Communities
Diane Lee, Head of Public Health
Ben Brannan, Senior Public Health Officer
Phil Ainsworth, Senior Public Health Practitioner
Claire Hogley, Minute Taker, Business Support

1 Election of Chair

Councillor Caroline Makinson was been appointed as Chair.

2 Welcome and Introductions

The Chair welcomed all to the meeting and introductions were made.

3 Declarations of Pecuniary and Non-Pecuniary Interests

There were no declarations of pecuniary or non-pecuniary interest.

4 Minutes of the Board Meeting held on 9th June, 2022 (HWBB.2022.10.6/3)

The meeting considered the minutes of the previous meeting held on 9th June, 2022.

The Chair drew attention to the Child of the North Report. Councillor Cave responded that the report given a couple of meetings ago was a general description of the child of the north and directorates would be expected to pick up relevant points in their own strategies such as the Early Help Strategy for Children Young People and Families and the Education Improvement Strategy.

Councillor Cave agreed to discuss with the new Executive Director for Children's Services to ensure relevant papers were brought to HWB in a timely manner.

RESOLVED that the minutes be approved as a true and correct record.

5 Cost of Living Crisis - More Money in Your Pocket (HWBB 2022.10.6/4)

Jayne Hellowell, Head of Commissioning Healthier Communities, was welcomed to provide an overview of More Money In Your Pocket (MMIYP), website which was one part of the Council's response to the cost-of-living crisis.

It was noted that attendance at team meetings could be offered to provide further information on MMIYP website to staff. Also noted was that officers were are working with a wide range of partners to share the message as widely as possible.

A QR code was provided to link directly to the website when phone camera is hovered over it and MMIYP would be widely promoted including on Council bin lorries and on Berneslai Homes vehicles.

The website includes information such as:

- Information on free and discounted support. Provides an information hub and links to other support websites.
- Welcoming spaces:
 - E.g. warm hubs – places that welcome people to come in out of the cold without obligation to buy anything.
- Promotion of benefits so that people that access where eligible, as there is low uptake of benefits in the borough
- Information on schemes from government to support people with paying gas, electricity, water and broadband bills. Schemes for free SIM cards available.
- Free school meals, access to foodbanks, linking to initiatives such as Storehouse and Field where for £6 a week membership, members can get up to £30 worth of food. There was also close working with the Good Food Partnership.
- Healthy, nutritious meals on a budget including recipe ideas.

- Information on the Household Support Grant, which supports those who are low-income households and community groups.
- Freebies and money saving ideas:
 - Signing up to the library for free digital magazines
 - Holiday clubs for children and family friendly activities
- Broader issues around cost-of-living crisis:
 - Budgeting support – linking to support services such as DIAL, Age UK, Citizens Advice
 - Wellbeing support and low-level mental health support
 - Upskilling and job searches

It was noted that the site was owned by Barnsley Council and limited to corporate guidelines, and there was a challenge to keep information up to date, but the website provided a really good tool.

A walkthrough of the website was provided, demonstrating how easy it was to navigate and find relevant information.

Questions were invited and it was noted that the analytics that sit behind the website could be into Public Health.

It was noted that cost-of-living events were being held in various venues around the borough to offer help and support, and at one DIAL were providing free slow cookers to people who attended.

It was noted that much promotion was underway, and that leaflets and posters could be provided for partners to help share the message. shared further.

When queried how information would be shared non-digitally, it was noted that training was being cascaded amongst staff and teams, which was intended to provide more information and enable teams to spread the word amongst the communities they supported.

With regards to those with learning difficulties, it was suggested that services such as Mencap could support.

It was confirmed that officers were reaching out to a wide range of partners. Including work with Cloverleaf to provide information in other languages. and suggestions to link to other services were welcomed.

Thanks were given for the excellent resources provided on the site for people in Barnsley. It was seen as important to support those people who may be struggling but who usually miss out on support.

RESOLVED that the Board support the MMIYP website and agree to share this information further.

6 Health and Wellbeing Board/ICS Leads meeting (HWBB 2022.10.6/5)

Feedback from the meeting was provided, and Members noted the representation on the Integrated Care Partnership (ICP): Councillor Makinson, Carly Speechley, Adrian England, Sheena McDonnell and Kathy McArdle. Also noted was the chair of the Integrated Care Partnership – Oliver Coppard.

Members heard that Health and Wellbeing leads would meet at least a week before the ICP meeting to agree any items they wish to take forward.

The meeting offered an opportunity to provide feedback from Health and Wellbeing Boards in Barnsley, Doncaster, Sheffield and Rotherham.

Feedback from Barnsley had covered such items including the JSNA, figures for male healthy life expectancy, Mental Health Partnership annual report, and suicide rates.

It was acknowledged that it was useful to see the priorities of the other Boards in South Yorkshire and that there would be excellent opportunities to do cross-working.

Members heard of a South Yorkshire event focussed on tackling health inequalities, which would be held in the new year and all members of the Health and Wellbeing Board would be invited.

Members heard how the first meeting of the Integrated Care Partnership built on foundations and principles already in place including the Integrated Care strategy for South Yorkshire and a focus on what really matters at a South Yorkshire level.

It was noted that the Integrated Care working group would begin on 28th October.

RESOLVED that the Board notes the feedback from the ICS Leads meeting and supports the ICP going forward.

7 Creativity and Wellbeing Update and Cultural Strategy (presentation on Barnsley's Cultural Strategy) (HWBB 2022.10.6)

Jon Finch, Head of Culture and Visitor Economy provided an update on Cultural Strategy for Barnsley. Members heard of the challenges in Barnsley of low levels of engagement and participation in culture and community life. Noted was the democratic and co-created approach to activity across the borough more widely including Principal Towns.

It was acknowledged that a strategic framework for culture was needed for the borough. This would:-

- Gather together representative community groups to understand the needs and requirements for people in Barnsley.
- Note that the process of talking to communities is key, and would embed engagement processes.

- Understand the influence and role of arts and culture.
- Map activity to understand what's important to each area of Barnsley.
- Identify funding resources for community work.

Kathy McArdle, Service Director Regeneration and Culture then provided an update on Creativity and Wellbeing Week. The week was successful back in May with the opening event sharing how culture was important for wellbeing and mental health, and the week being closed by considering how to take culture forward.

The positive impact on health, wellbeing, and broader engagement were noted. New networks and new partnerships had been formed, and the week had received great press and social media coverage.

Feedback had stressed the health and social benefits such as introducing reading as early as possible; the worthwhile experience getting close to nature the calming and enjoyment of surroundings. living in the present and reducing anxiety.

Noted was the vision to improve health and wellbeing of all residents through culture change within organisations; co-production between residents and services; a communities led approach to reduce inequalities and knowledge sharing forums for health professionals to engage with culture professionals and share learning.

Action plan for the next 6 months and beyond had been developed, with a three-year trajectory, building on the success of Creativity and Wellbeing Week and taking this forward.

The importance of ensuring the work of the Health and Wellbeing Board and the Cultural Strategy was aligned was noted.

Positive comments were received including the reframing of how people talk about culture and the availability of activity to engage in. It was also felt positive to see culture, creativity and wellbeing being shared in this way.

Reference was made to the mental health and wellbeing of young people. Members heard how good practice had been shared in commissioning to ensure culture was embedded into healthy holidays. The importance of people of all ages seeing themselves not as a spectator, but as a player, with control and influence over the positive things in their life and able to mitigate the negative things that happen.

It was noted that young people create photographs and music on their phones and devices, utilising technology, and that this culture and content was just as important as anything in a gallery.

It was suggested that culture was about each person being an expert on their own experience, with people producing their own culture and actively changing culture. This provides a sense of purpose in all arenas in their life.

Thanks were given for providing channels for interaction and tools for people to utilise which will make a huge difference to people's health and wellbeing.

Members heard that some funds were available in Barnsley for conservation, culture, and materials to work with schools for an art competition, providing children to craft materials for every school in Barnsley.

It was agreed that was exciting to see how the concept has expanded and grown through communities, and would be interesting to see how the aims of the strategy would be delivered.

A huge thanks was provided for the investment from the Public Health team and the Culture team into this initiative.

RESOLVED that the feedback be received, and that the Board supports the Cultural Strategy.

8 Survivors of Bereavement by Suicide Report (HWBB 2022.10.6/7)

Phil Ainsworth, Public Health Specialist Practitioner provided an update and insight into the experiences of people who have been bereaved by suicide.

Members heard that Survivors of Bereavement by Suicide (SoBS) was a charity that provides face to face support. The Barnsley group was established 12 months ago and excellent feedback had been received from group members. It was recognised that this was a unique form of grief and people valued the time and space with people who understand what they're going through. A huge thanks was provided to volunteers who give up their time to run the group every month.

A number of issues which required consideration at a wider system level were noted which included issues surrounding and media organisations reporting insensitively. This was being discussed with the local press. In addition, suicide specialise bereavement providers could support on what inquest entails and support the family through the process.

Also discussed was the support for children which included with emotional health and wellbeing, support at school with trauma. A service to support children and young with bereavement had been commissioned and 60 children were on waiting list. However, the service was only commissioned until end of July next year. Supporting bereavement work with more urgency towards children's support was required, ensuring highly skilled counsellors are retained and providing longevity to much needed services.

It was acknowledged that there was a lack of understanding around mental health services and this was often referred to as an umbrella term, with the need for services to be tailored to the individual. There was also a need to manage expectations to understand what the offer was and what people could expect from the service.

It was noted that real-time surveillance data from South Yorkshire Police shows trends of people who have chronic pain taking their own life.

Mental health services could also be better promoted and residents made aware of support available; ensuring pathways enable full access to people, and increasing opportunities for referrals..

The recommendations for improvement were supported and thanks were provided for the report.

The people-powered approach to health and wellbeing and the invaluable insight from peer support was noted, as was the need for consistency and long-term arrangements.

It was felt that the case study and storytelling in the report was key, and the effects of online platforms were noted. Members heard how Chili had Pep commissioned a toolkit to assist with this. Members were made aware that numbers of suicides appeared to have reduced which is testament to the work taking place. There had been a significant decrease for Barnsley but also a need to keep providing the current services and more.

Peer support was thought clearly invaluable to the group members and prevention was seen as key, and the mental health effects on close family and friends as a result of a suicide were acknowledged.

It was acknowledged that this needed to be a key focus for Barnsley and partners to be committed to tackling suicide as one suicide death is too many.

RESOLVED that the Board notes and supports the report.

9 Place-Based Partnership Dashboard (HWBB 2022.10.6/8)

An update was provided by Jeremy Budd, Director of Strategic Commissioning and Partnerships. Members heard how the dashboard considered key issues and trends across social care, with the work led by the Health Intelligence Unit.

Weekly Covid reports had shared data more widely and consideration was being given whether this could be replicated for more general data.

Members were asked whether there was appetite to consider this in more detail at a development session in the future. It was suggested that the dashboard could focus on prevention, health inequalities and the wider determinants of health.

In the discussion it was suggested that the dashboard needs to be fit for purpose for the Healthcare Partnership and the board, and also linked with the Joint Strategic Needs Assessment

The South Yorkshire Direct Care Strategy – Care Plan and Delivery Plan was mentioned, and the boards place to discuss what qualitative and quantitative insights were relevant to our strategic objectives. It was noted that the dashboard would demonstrate the distance travelled, ensure transparency and collective responsibility.

RESOLVED:-

- i) That thanks be given for the update; and
- ii) That the dashboard be supported and regularly brought to the Health and Wellbeing Board.

10 Better Care Fund Plan 2022/23 (HWBB 2022.10.6/9)

Wendy Lowder, Executive Director Place Health and Care, provided an update, noting that the fund had been in place since 2014-15 to help support day to day business operations of adult social care and health financially, with government guidelines providing a focus.

Feedback from NHS England had been sought, with a final report then pulled together as part of the annual process

RESOLVED:-

- i) That the contents of the report be noted; and
- ii) That the Better Care Fund Plan 2022/23 be approved.

11 Integrated Care Partnership (HWBB 2022.10.6/10)

It was agreed that this item had been appropriately discussed early in the agenda when considering the Health and Wellbeing Board/ICS Leads meeting.

12 Minutes from Safeguarding Adults, Safer Barnsley Partnership and Stronger Communities Partnership (HWBB 2022.10.6/11)

Due to timing of meetings, it had not been possible to include copies of minutes.

RESOLVED that the minutes will be shared at future Board meetings where possible.

13 Barnsley Mental Health Partnership Annual Report 2021/22 (HWBB 2022.10.6/12)

The report was received, and comments sought. The Chair expressed that the report was interesting and encouraging. The comment in the report around mental health and wellbeing activities being linked to healthy peer relationships was noted, which related to tackling bullying and the corresponding impact in schools. The negative outcomes a result of bullying were acknowledged. Board Members commented on the inclusion of case studies to bring the report to life. It was also noted that the Government were developing a mental health strategy.

Thanks were given to the Mental Health Partnership and its members for the rich conversations, actions and change to make a difference to people's lives. It was noted that the that partnership had a working group to listen to people and share those views.

RESOLVED that the report be noted and endorsed.

14 Barnsley Pharmaceutical Needs Assessment (HWBB 2022.10.6/13)

The Barnsley Pharmaceutical Needs Assessment (PNA) was board for comments and approval was sought for publication.

RESOLVED that the Board supports the Barnsley PNA 2022-25 and approves its publication.

Chair